



Polarity a comprehensive therapy form.

What is Polarity?

Polarity-therapy is a holistic therapy derived from the belief and understanding that energies of an opposing nature are the basis of all experiences.

In people, these energies reveal themselves in the form of thoughts, emotions, energy fields and, in their highest concentrated form, as a physical body.

We feel and experience these energies as polarities; for example: calmness and movement, positive and negative, tension and release. With every polarity pair there also is a neutral pole wherein energy is balanced between the positive and the negative. All three poles have their own specific meaning.

Energies must be able to flow without hindrance between the poles as a precondition for harmony, order, completeness and health. In Polarity-Therapy we speak of ones "energy anatomy".



From: Sacred Mirror, by Alex Gray

Who benefits from Polarity?

Polarity-Therapy assists people who are suffering from physical, emotional, spiritual and mental crisis, stress, fatigue, migraines, nervousness, pain, tension, susceptibility to sickness, side-effects of trauma, exhaustion, menstrual conditions, convalescence and other conditions.

In the case of serious illnesses regular treatments are experienced as a strengthened and enhanced sense of wellbeing.

Polarity-Therapy is also an excellent preventive treatment for adults and children of all ages. Often new perspectives to problems or difficult experiences are found in the accompanying discussions.

The ability of deeper self-perception and self-recognition develops, and with this, the readiness and willingness to take more responsibility for ones own well-being.

What happens in a Polarity treatment?

Through gentle palpation (examining by touch) and observation, imbalances and blockages of the energy fields can be sensed and assessed.

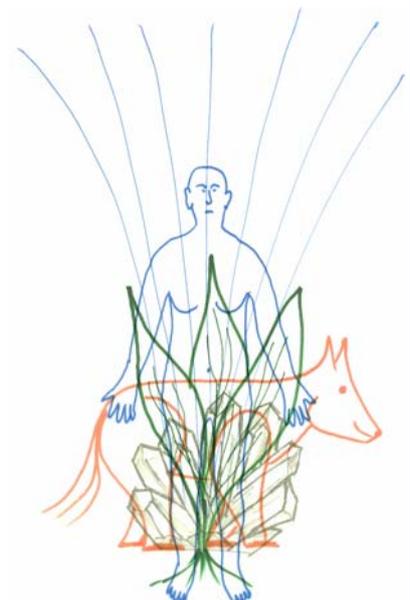
The treatment involves both kinesthetic (touch) and verbal interaction. The quality of touch varies from soft to deep tissue depending on the circumstances. The therapeutic discourse which accompanies the palpation is integral to the therapy. There is no disrobing required.

The therapy is enhanced by at-home Polarity exercises and dietary considerations.

Clients learn on their own to become more conscious of their body, thoughts and emotions.

After a treatment there can be feelings of deep relaxation and a desire for activity or reflection. Sometimes an awaking of a new consciousness can arise from the rebalancing of the stimulated self healing strengths. These are just some of the benefits resulting from Polarity-Therapy treatments.

The embryo in the mothers body, overlaid with the energy lines of the four elements in their triple effect (triads) and the oppositions of the organs.



The human being in the four existence levels: mineral, plant, animal and being (spirit) →



Fritz P. Haas, Basel *1944

Memberships:

- Swiss Polarity Association (PoVS)
- Swiss Association for Natural Healing (SVNH)
- Anthroposophical Society (AAG)
- Livitra Team for Psychic Healing

Training and Experience:

- Public schools in Basel (Switzerland), followed by an apprenticeship as a typographer.
 - 3½ years Parallel to my regular work as a typographer I studied at an evening school (Abend-Gymnasium in Basel) and completed examinations in mathematics and natural sciences.
 - 9 years Training and working at IBM (Basel) in Information Technology (analysis and programming; installation, organisation and support of mainframe computer operating systems).
 - Parallel to my regular work I passed various trainings in commerce.
 - 1976 Became member of the Anthroposophical Society (AAG).
 - from 1977 Working in an International Bank: implementation, organisation and support for mainframe computer operating systems.
 - 2000/01 Further training in Psychic Healing with George Paul Huber (Switzerland), as well as with other teachers.
 - 2001 Received diploma and recognition in Psychic Healing by SVNH.
 - 2001-2004 Completed training with diploma in Polarity Therapy.
 - 2004 As from August 2004 running my own practice „Dreiklang“.
- Many years training in various psychic disciplines (e.g. Psychic Healing, regression, and other).

The fundament for my work is (1) Anthroposophy (founded by Rudolf Steiner, 1925†) and (2) the christian greek-zypriot psychic healer Stylianos Atteshliis ("Daskalos", 1995†).

Treatment:

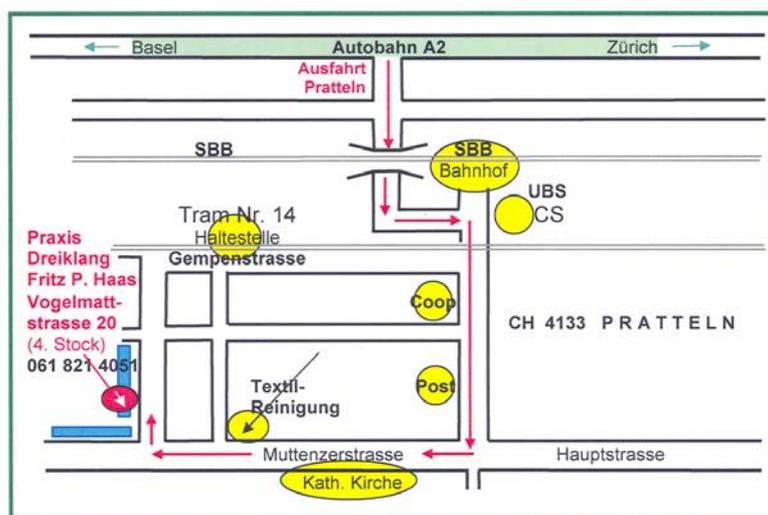
- Polarity-Therapy. A treatment lasts for about one hour.
- Various other supporting therapies.
- For further information please see www.praxis-dreiklang.ch

Payment:

- According to the recommendation of the Swiss Association for Natural Healing (SVNH).
- In general 100.- swiss francs per hour.
- Price reduction is possible.
- Please pay in cash after each treatment.
- No refund from health insurances (except for Polarity at EGK and the members of the ASCA group).
- For missed appointments not cancelled 24 hours beforehand, normal payment is expected.

Considerations:

- **Alternative treatments are an enrichment to regular medical doctor treatments, not a replacement!**
- Success cannot be guaranteed.
- I work with the Retention-Codex of the SVNH.
- Any diagnosis is not medical.
- In case of dissatisfaction please do not hesitate to contact and talk with me at once.
- Discretion is observed in all interactions.



Der Plan ist nicht massstabgetreu